



## **My Perspective on the Goal of Life on this Earth**

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Coach Daley

Life is like a big gym. When you're young you require specific direction, control and light weights. As you grow older the weights (challenges) get heavy and hopefully you get stronger and wiser. The control slowly diminishes. During your life in this gym (earth) you will have heavenly and earthly spotters and coaches. The role of the coach/spotter will evolve from dependence and concern to independence and pride. The coach/spotters only succeed when they provide healthy independence. Tough goal, dependence and control are much easier to handle but not the goal we've been given. It takes a strong confident coach to watch us fail and then coach us to success.

Challenges are not the only experience in our gym; we also experience love and friendship.

As we grow older, stronger and wiser our role evolves. Most of us become coaches and spotters. The titles may vary such as mother, father, teacher or leader but still coaches. That is an honor and privilege granted us and goes hand in hand with love and friendship. Obviously in our evolved role we have the challenge of helping others become stronger and wiser. The students fear and apprehension will be replaced with the coaches calm confidence and evolve into the students calm confidence. This only takes place when mutual caring and respect has been earned. That may be the toughest challenge of all. It's always easier to do it yourself or tell someone else exactly what to do but that is not the role of a coach. A coach's role and value is coaching someone else to do it themselves because the student believes it is the right thing to do. Now that is the ultimate challenge!

When you look at millionaires and billionaires they don't have fewer challenges, they have more strength and skills to handle heavier challenges. They have more people to spot and coach because of the caring and respect they have earned. I believe the reward is larger because the number of people being coached and spotted is larger. Most lottery winners end up broke. They had millions but usually lose all of it. Most wealthy people have or are providing a significant value to society. At least the ones that stay wealthy.

A successful well rounded coach will have a strong healthy family, strong friendships and great relationships with their coworkers. They have skill and heart to earn love and respect. I can't think of anything more valuable.

So don't ask for an easier life, ask for more strength and skill to handle larger challenges. Ask for the heart and skill to help more people succeed in this gym.



This is the perspective I've been given for a successful life here on earth. I have been blessed with many great coaches and I greatly appreciate, love and respect each and every one of them. I am still striving for success.

Coach Daley